

	16th February, 2024	Taj Lands End (Bandra), Mumbai
8:30 AM	Venue : BALLROOM	
	REGISTRATION	
09.30 AM - 10.15 AM	Inauguration	
	Dr. R. L. Bhatia, Founder, World CSR Day & World Sustainability Congress	
	Swami Sarvalokanandaji Maharaj, Senior Monk, The Ramakrishna Math and Ramakrishna Mission Topic : " How to Maintain Good Mental Health with the help of Spirituality "	
	Guru Yogi Shivan, Managing Director, INDIMASI HEALING VILLAGE Topic : " The Healing Power of Yoga "	
	PLENARY SESSIONS	
	Venue : SALCETTE 1 & II	
10.15 AM - 10.35 AM	Alexander R (Alex), Director-HR, Oracle India Topic : " Mind Matters @ Workplace "	
10.35 AM - 10.55AM	Garima Verma, Systemic Consciousness Coach (Trauma Informed), Anahadnaad Wellness Topic : " Fear, failure and further on "	
10.55 AM - 11.10 AM	Dr. Bijal Dodia, Senior Consultant Physiotherapist, Sir H N Reliance Foundation Hospital & Research Centre Topic : " Prescribing Positivity "	
11.10 AM - 11.30 AM	Morning Refreshment	
	PANEL DISCUSSION I	
	Venue : SALCETTE 1 & II	
11.30 AM - 12.15 PM	TOPIC : Mental Health and Wellness in the Workplace	
	SESSION CHAIRMAN : Shazneen Limjerwala (nee Commissariat), Independant professional (Visiting faculty, Author, consultant)	
	Aparva Singh Verma, Head- Products & Service Excellence, Elephant in the room	
	Dr. Anita Sharma, Mental Health Practitioner, Career Counselor, Performance Enhancement Coach, Life Coach.	
	Trupti Desai, Founder and President, Shraddha Foundation	
	Deepali Batra, Sr. Consultant Clinical Psychologist & Marriage Counselor, Director PALS	
12.15 PM - 12.35 PM	Latha Krishnamoorthy, Managing Partner, HC Consultants Group and Executive Committee Member of Malaysia Positive Psychology Association	
	Dr. Sadaf Saeed, Founder & Psychotherapist, Blooming Souls	
12.35 PM - 1.00 PM	Vedica Podar, Founder, Kangaroo Minds & Sport Beats Stigma Topic : " "Lead the Change: Inspiring Global Mental Health Action" "	
	Deeksha Awasthi, Founder, DeekshaLife & Global Mental Health Ambassador Topic : " Mental Health Matters "	
1.00 PM - 2. 00 PM	Networking Lunch	
	PLENARY SESSIONS	
	Venue : SALCETTE 1 & II	
2.00 PM - 2.20 PM	Dr. Rachna Chhachhi, Founder, RachnaRestores® Topic : " Heal from whatever they say you can't. "	
2.20 PM - 2.40 PM	Dr. Koh Kar Chai, Past President, Malaysian Medical Association Topic : " Professional Ethics in the Current Era of Healthcare Industrialisation "	
2.40 PM - 3.00 PM	Capt. Sandhya Shankar Pandey, Chief of Nursing, Fortis Healthcare Limited Topic : " Communication and Patient Experience - The Need decoded "	
	PANEL DISCUSSION II	
	Venue : SALCETTE 1 & II	
	TOPIC : Raising the bar for Sustainable healthcare	
3.00 PM - 3.45 PM	SESSION CHAIRMAN : Dr Nidhi Kewalramani, Project Director & Dean Healthcare academies, Tech Mahindra SMART academy for Healthcare	
	Bruno D'souza, Regional Chief Operating Officer, Burjeel Holdings	
	Lim Khia Tat (KT Lim), Director and Head of HR, SATA CommHealth	
	Nagaraju Galipelli, Marketing Head, Shalina Healthcare Ghana Ltd.	
	Dr. Shilpa Desai, Managing Director, C4 Lifestyle and Diagnostics Center	
3:45 PM - 4:00 PM	Afternoon Refreshment	
	PANEL DISCUSSION III	
	Venue : SALCETTE 1 & II	
	TOPIC : THE ROLE OF TECHNOLOGY IN REVOLUTIONIZING THE HEALTHCARE AND MEDICAL INDUSTRY	
4.00 PM - 4.45 PM	SESSION CHAIRMAN : Dr Sandeep Vohra, Founder & CMD, No Worry No Tension Healthcare	
	Mr. Virendra Patrikar, Co-Founder & CEO, IndiaOPD.com	
	Mr. Suresh Susurla, Founder, Startoon Labs Pvt Ltd	
	Ms. Deepshikha Satish, PhD, CEO & Founder, DrOmics Labs Private Limited	
	Kandarp Bhatt, Founder & CEO, ZealousWeb	
	Dr. Ujjwala V. Salvi, Founder, CEO & Head of Clinical Operations, Nucleon Research Pvt. Ltd.	
4.45 PM - 5.00 PM	Aparna Piramal Raje, Writer and founder, The Chemical Khichdi Project Topic : " Chemical Khichdi: How I Hacked My Mental Health "	
5.00 PM - 5.10 PM	Dr. Zirak Marker, Medical Director, Sr. Psychiatrist & Advisor Mpower Aditya Birla Integrated School Topic : " Social Media & its Impact on Mental Health "	
5:10 PM - 6:00 PM	♦ 8th WORLD HEALTH & WELLNESS AWARDS 2024 ♦ HEALTHCARE LEADERS (GLOBAL) ♦	
	♦ MOST ICONIC ♦ TOP MOST LEADERS IN MENTAL HEALTH ♦	
The Organizers will have the final say & reserve a right to alter / change the Programme design without assigning any reason whatsoever.		